

## **R60 RECUMBENT BIKE**

Featuring a step-through frame and Comfort Arc seat with lumbar support, the R60 is built for comfort and convenience.

- · Step-through frame enhances accessibility
- · Self-powered generator system offers placement versatility
- · Self-balancing pedals with adjustable straps accommodate multiple users
- · Wireless receiver and contact grips enable heart rate training

 $\cdot$  Bright LED display is readable at any angle The durable welded steel frame along with the convenient bottle holder and reading rack make the U60 perfect for your facility and for your residents or guests.

FEATURE	R60 RECUMBENT BIKE
Frame Type	Heavy gauge welded steel, step-through recumbent
Pedal Type	Self-balancing with adjustable straps
Seat Type	Pure Comfort seat
Seat Adjustment	28 positions
Resistance System	2-stage generator
Resistance Range	1-25
Handlebar Type	Console and seat-mounted with contact heart rate grips
Extras	Water bottle holder, reading rack
Display	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display
Workout Feedback	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile
Programs	Manual, Interval, Fat Burn, Random, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal, HR Weight Loss, HR Interval
Heart Rate	Contact grips, wireless receiver
Assembled Dimensions	161.9 x 72.5 x 138.3 cm / 63.7" x 28.5" x 54.4"
Assembled Weight	70 kg / 154 lbs.
User Weight Capacity	182 kg / 400 lbs.
Electrical Requirements	Self-powered

